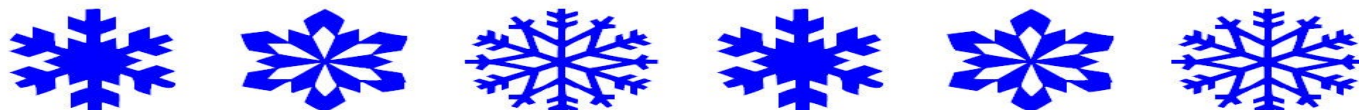


2011 Volleyball WINTER CAMP



Who: 5th & 6th grade girls

Where: Dakota Elementary, Sundays 2pm – 5pm

When: January 23rd - March 20th, 2011

Cost: \$50 (includes camp shirt)

Registration: www.edusportsinc.org; **Deadline: Jan. 7th**



The goal of this program is to provide a safe and productive environment that will prepare the girls for Junior High level of play by introducing the proper fundamentals of passing, setting, hitting, serving, and footwork through a fun training curriculum.

Each practice will consist of 30 minutes devoted to Nutrition Education. These sessions will include guest appearances from Registered Dieticians who will focus on developing habits to make healthy food choices and instill the importance of staying physically active.

Our Sports Programs are made possible by the efforts of EduSports and its volunteers who display an extraordinary amount of commitment and hard work, and ensuring that the program is a positive influence for our devoted young athletes.

For more information about the Winter Volleyball Camp, please contact Michelle Grove at 608-574-0737